



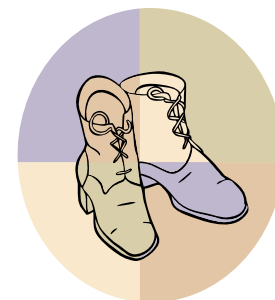
Sensible Shoes

Fashion or Safety?



Shoe design and materials can impact your safety at LBNL

- Shoes with slick soles or of “light” construction or high heels can cause slips and falls:
 - Due to inclines (hillsides and rugged terrain)
 - Due to weather conditions (rain or occasional ice)
 - Due to our natural environment (leaves, pine needles, etc.)
- Shoes must be appropriate to your work at LBNL:
 - Laboratory areas:
 - Closed toe shoes (see: Chemical Hygiene Plan)
 - Material handling, shops & construction areas:
 - Sturdy work boots
 - Toe and/or shank and metatarsal protection may be required



Avoid open-toed shoes and sandals whenever possible



Wear comfortable footwear with a low heel to reduce leg and back strain and to prevent slips, trips and falls

For more information contact Richard DeBusk, EH&S Division (x2976).